



# State Bar of New Mexico

Est. 1886

Dear New Mexico Legal Professional,

In an effort to better serve and connect with you, the **State Bar of New Mexico's Professional Programs Group (PPG)** would like to bring a **FREE CLE** event to your location in 2023. The PPG is made up of the Professional Development Program, Lawyer Assistance Program, Equity in Justice, and Judicial Wellness Program. Each of our program leaders will be bringing their expertise, experience, resources and services material, educational material, and swag to your group for free.

This is offered as a one- or two-hour CLE. The first hour, which is fixed content, is an overview of all four groups. The second hour is optional. If you choose to book the second hour, a list of one-hour topics offered by each of the programs is listed on this handout. You may choose ONE of these topics for your second FREE CLE hour.

What's required of you is to bring the attendees to the reserved day, time, and location. We will do the rest. Book early to reserve your 1- or 2-hour FREE CLE in your city/location.

Judges presentation offered by the Judicial Wellness Program Manager, (ret.) Judge Sandra Engel can be booked and offered separately. Please book your date/time directly through Judge Engel or Amanda Gandara.

## Hope to see you soon!

Professional Programs Group  
State Bar of New Mexico

*To book your 2023 Professional Programs Group Roadshow presentation contact:*

### Amanda Gandara

Professional Programs Group Administrator  
Amanda.gandara@sbnm.org  
505-797-1606  
State Bar of New Mexico

*For additional information on the individual programs before you book a presentation:*

### William D. Sleese, Esq.

Professional Development Program Director  
william.sleese@sbnm.org  
(505) 797-6079

### Amanda Parker, PhD

Equity in Justice Program Director  
Amanda.Parker@sbnm.org  
(505) 797-6085

### Tenessa Eakins

Lawyer Assistance Program Manager  
tenessa.eakins@sbnm.org  
(505) 797-6093

### Judge Sandra Engel (ret)

Judicial Wellness Program Manager  
sandra.engel@sbnm.org  
(505) 797-6097

# State Bar of New Mexico 2023 PROFESSIONAL PROGRAMS GROUP ROADSHOW

*Coming to a City near you!*



**Professional Development Program (PDP):** Offers services and resources to State Bar members in law practice management.

*Presentation By: William Slease, PDP Director*

- Continuing education courses
- Best practices tips
- Certified professional coaching information and contacts
- Lawyer self-assessments
- Newsletters, articles, and ethics guidance

**New Mexico Lawyer Assistance Program (LAP):** Focuses on confidential and professional services to help individuals identify and address problems with alcohol, drugs, anxiety, depression, and other mental health/emotional struggles.

*Presentation by: Tenessa Eakins, NM LAP Manager*

- Professional Assessments
- Peer assistance, support groups and interventions
- Referrals & Clinical Consultations
- Reporting situations involving professional misconduct
- Educational presentations and recovery monitoring

**Equity In Justice Program (EIJ):** Provides education and training, coaching and consultation, and community events and is committed to promoting equitable treatment in all professional settings where lawyers work. *Presentation by: Dr. Amanda Parker, EIJ Director*

- Work with individual lawyers, legal organizations, and law firms to assist in assessing policies and procedures
- Partnering to create strategic plans
- Problem solving difficult situations & educating staff

**Judicial Wellness Program (JWP):** Offers resources and services which provide a supportive environment for our judiciary to restore and maintain one's overall mental, physical, and spiritual health. It is designed and available to support judges of any level throughout New Mexico. *Presentation by: Judge Sandra Engel (ret.), JWP Manager*

- Judicial Coaching Resource
- Judicial Roundtables
- Stress & Lifestyle Assessments
- Monthly Wellness E-blasts

## INCLUDED



1- or -2-hour FREE CLE presentation

*(This is an in-person presentation only)*



Bar and Bench Combined or Separate Presentation



1st hour – explanation of resources/ services offered by FOUR SBNM programs. Want more? Book educational deep dive for 2nd hour. You pick the second hour topic from page 2.



Expert knowledge and experience relevant to your practice



*Plus, we will bring SWAG!!!*



Space, Time, and Dates are limited - book today!



# Professional Programs Group Roadshow Titles and Description for Second Hour CLE

## Professional Development Program



**Civility and Professionalism** - What does it mean to be uncivil? Is that just a derogatory way to label a hard-charging advocate or does it represent a continuing threat to the integrity of the profession? Moreover, how does incivility affect well-being? This session will discuss how lawyers do and should treat one another, the Courts, their opposing parties, and their own clients, the continuing concern about incivility, unprofessionalism, and bullying tactics used in the profession, what can and is being done to address the issue, and the mental health and well-being effects associated with incivility.



**"Hot" Topics in Ethics** - While some ethical issues and challenges faced by lawyers change very little from year to year, as the pace of practice has quickened, and the ways in which lawyers practice, including through an increasing reliance on technology, has evolved, the ethical issues arising from these changes can challenge even the most experienced lawyer. This session will discuss the latest ethical issues arising nationally and locally, and how lawyers can identify and navigate unexpected ethical challenges.

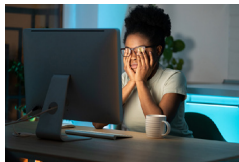


**Social Media and the Practice of Law** - Both clients and attorneys rely on social media for a variety of purposes, both personally and professionally. This session will discuss attorneys' obligations and risks associated with the use of social media in the practice of law, including confidentiality, communication, evidentiary, and marketing issues.

## New Mexico Lawyer Assistance Program



**Boundaries** - How do we go about finding, defining, and setting boundaries in our personal and professional life? Why is this so important in the legal field? This one-hour presentation will cover what boundaries can look like for a legal professional, why they are sometimes so hard to set and maintain, and some tools to help you understand when you may be looking at a boundary issue and what you can do to address it.



**Compassion Fatigue/Burnout** - Compassion fatigue is caused by the exposure of traumatic material. Burnout is caused by work-related attributes such as the caseload, client expectations, etc. This presentation will explore how to identify both and find tools and resources to assist.

## Equity in Justice Program



**Best Practices and Key Consideration in Equity and Inclusion** - Need help figuring out how equity and inclusion work applies to you and how you can improve relationships with clients and colleagues to create a more just legal community? Are you lost in all the lingo? This one-hour session will give an overview of the state of the profession nationwide and in New Mexico and introduces foundational ideas and terms regarding equity and inclusion.

## Judicial Wellness Program



In-person one hour meeting with your area judges to offer a short presentation on a wellness topic, such as isolation, burnout or general stress, and provide more information and materials on all that JWELL has to offer New Mexico Judges. The presentations are around 30-45 minutes with another half hour set aside to connect with the local Judges. What's required of you: provide a space for the JWP Manager to meet with your group of Judges (if you need help with this, JWELL can help). Presentation by: Judge Sandra Engel (ret.), JWP Manager

*Please reach out to the JWP Manager at [Sandra.engel@sbnm.org](mailto:Sandra.engel@sbnm.org) or call 505-797-6097 to request a JWP presentation for the Judges in your Court.*